**Patient Name:** ALVAREZ, JOSE

**Date of Birth:** 07/12/1970

**Date of Service:** 03/28/2022

**History of Present Illness:**  
This is a 51 year-old right hand dominant male who was involved in a slip and fall accident 3 years ago. Patient injured Left Hip in the accident. The patient is here today for orthopedic evaluation. Patient has tried 2 days of PT. Patient had intraarticular injections x2 with minimal relief.

The patient complains of left hip pain that is 6/10 with 10 being the worst, which is sharp in nature. Pain radiates to left knee and is associated with numbness and tingling at times. Pain increases with walking, stairs, and sitting for long period of time and improves with medications.

**Past Medical History:**  
Stomach ulcers.

**Past Surgical History:**  
Decompression surgery on 01/27/21

**Past Accident/Injuries:**

**Daily Medications:**  
Oxycodone

**Allergies:**  
Penicillin.

**Social History:**  
Patient smokes 1 pack per day. Patient is not working.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 8 inches tall, weighs 132 pounds.  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Hip:**  
Examination observation and palpation of the hip is positive for pain-limited range of motion, tenderness with muscle spasm and atrophy noted at lower extremity. Range of motion reveals flexion 90 (100 degrees normal); extension 15 (30 degrees normal); adduction \_\_\_\_\_45 (20 degrees normal); internal rotation 30 (50 degrees normal); external rotation 30 (40 degrees normal).

**Diagnostic Imaging:**  
03/14/2022 - MRI of the left hip reveals no fracture or suspicious osseous lesions.

**Assessment and Plan:**  
Diagnosis: Bursitis, left hip.  
Plan: Recommend to continue with PT. Recommend left hip, trochanteric bursa injection. Naproxen 500 mg.

The patient’s Left Hip was examined   
MRI of the Left Hip was reviewed.   
The patient at the present time is advised to continue with PT.  
Patient is to return to the office in 6 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**